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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Sunday, December 14, 2025

Radiate

Teaching moment. I'm sure you are all wondering. How does he post so much? I post from an overflowing cup. I retreat in meditation and self-care to charge my battery. Then with a full battery I share with enthusiasm. Then, I retreat to recharge. Then I share again. My life is literally charging and discharging a battery. This is how I do effortless action- wu wei. I never use the will (radiate) from an empty cup. The cup is overflowing. When the cup needs more, I go back and fill it with self-care/meditation. My summer was hard because I wasn't allowing enough time to recharge. Now I rest in balance and radiate when I am a full cup sharing with others.

- December 14, 2025

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Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)
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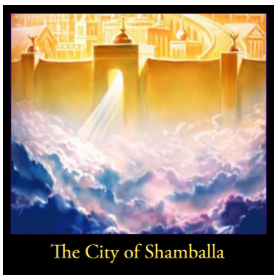

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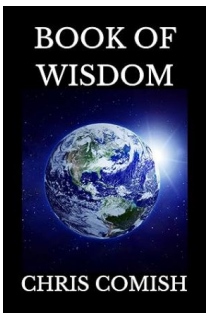

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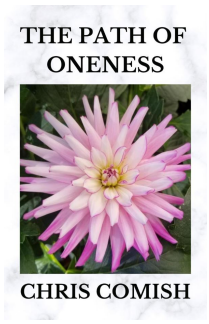

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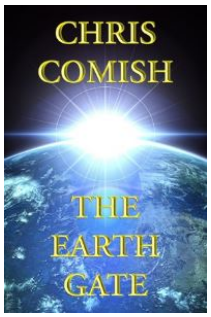

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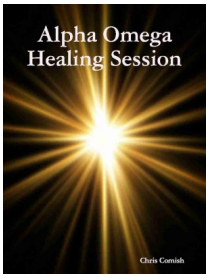

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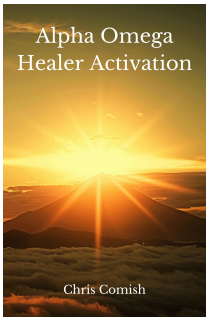

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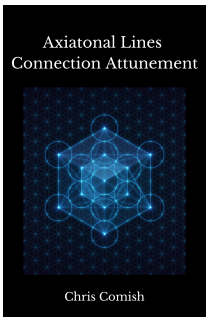

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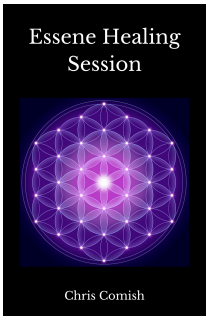

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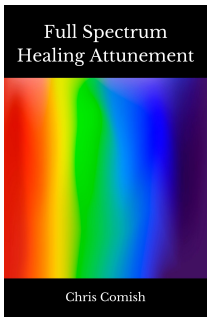

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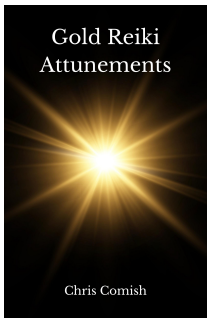

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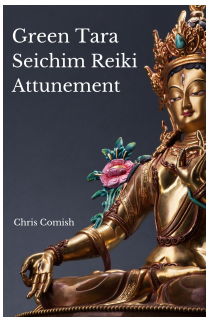

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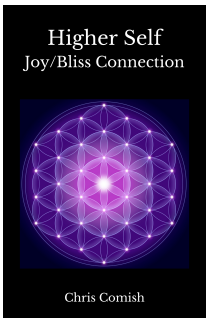

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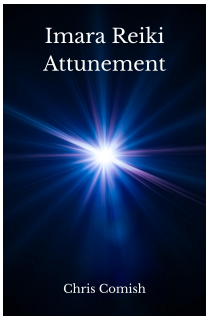

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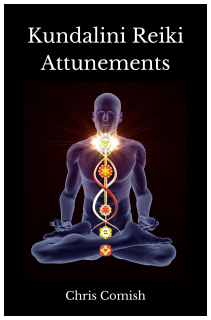

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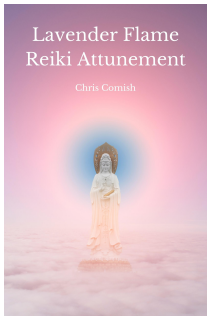

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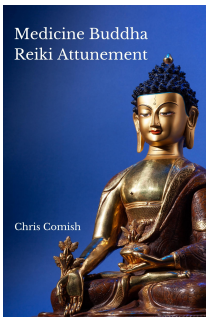

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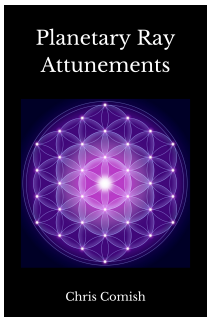

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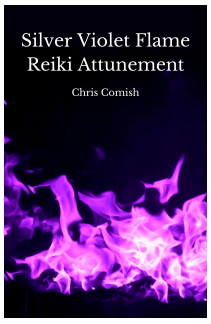

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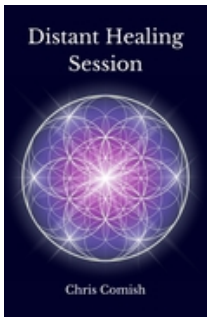

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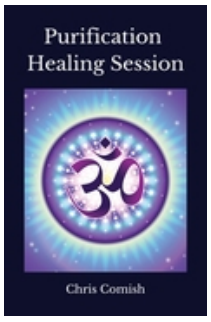

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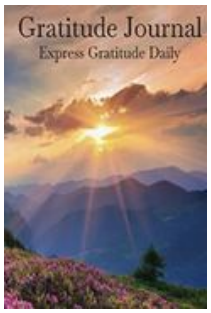

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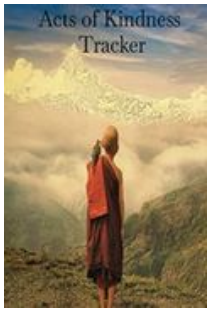

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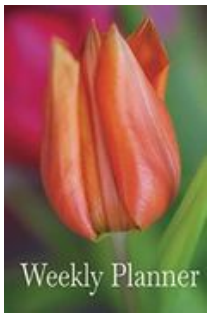

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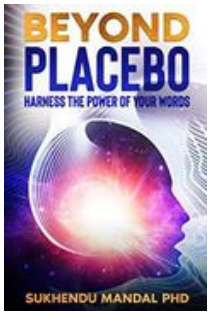

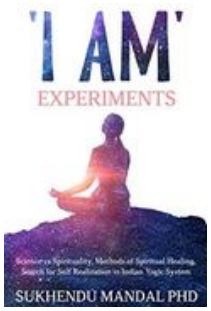

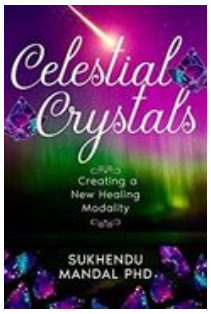

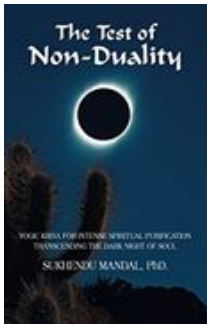

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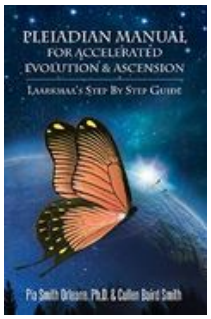

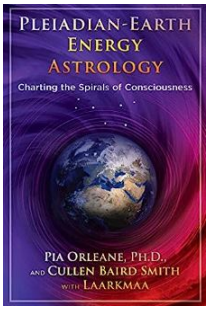
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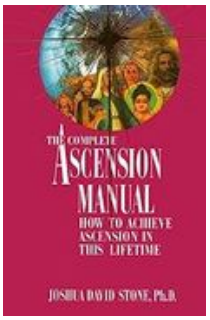
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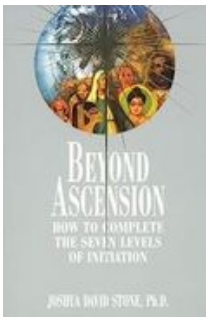
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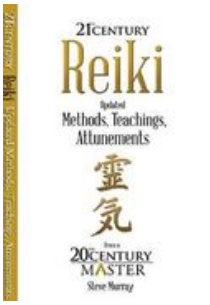
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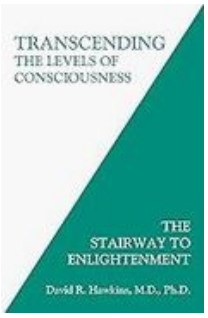
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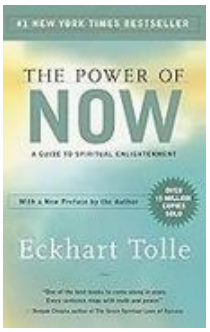
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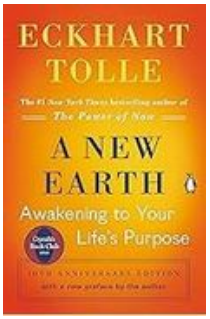
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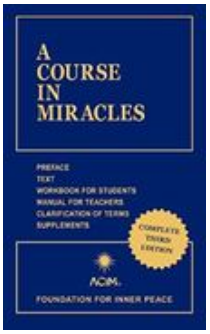
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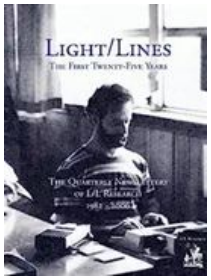
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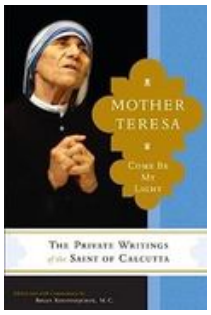
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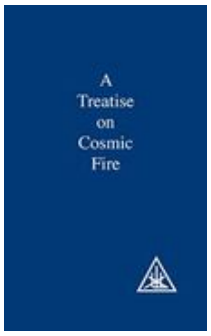
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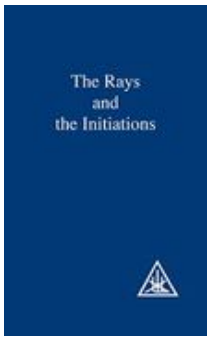
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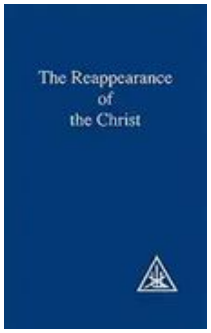
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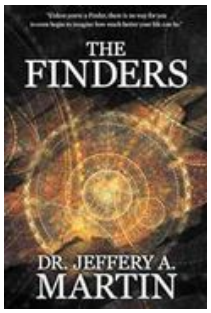
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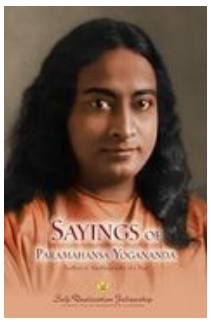
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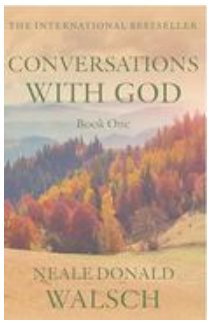
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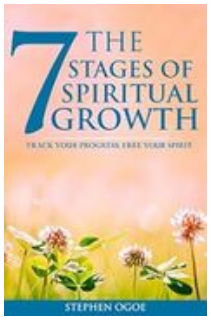
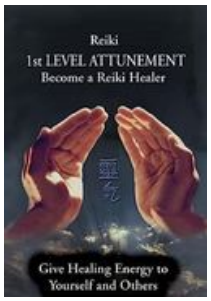
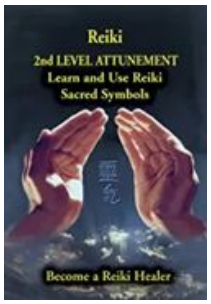
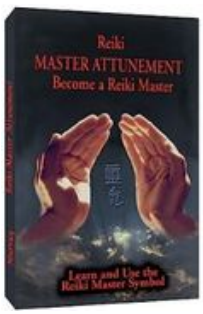
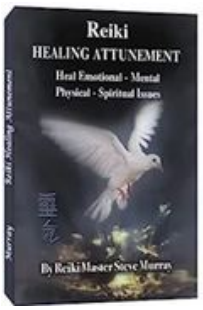


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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Frequency

Happy New Year!

That Which Is Not

God is All That Is

Be the Bridge

Blended Balanced State

Observer-Server

Universal Love and Radiant Being

A Christmas Message of Love, Beauty, and Compassion

Compassion

The Empty Boat

Trinity

Blended Balance

Frequency

Love Everywhere

Wise Compassion

Other Self

Love

God

Emotional Support

The Void

Radiate

Scan Chakras with Reiki

We are the Creator

Balance

Mirrors

Unity of All Polarity

One

Wise-Compassion

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Oneness

Attunements and Healing

Chakras

Master Consciousness

Universal Love and Radiant Being

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Chakras

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